## **BULLDOGS WRESTLING CAMP**



# All young males\* entering grades K-8 for the 2022-2023 year are invited to St. Gertrude Parish's summer wrestling camp!

Open to athletes of all experience levels, this camp will focus on wrestling fundamentals of takedowns, feature a Daily SportsLeaders virtue development talk, and end with a takedown event, games, and a pizza party! Parents are welcome anytime and highly encouraged to stay on Friday to see all that their sons have worked on and celebrate their progress.

#### WHEN July 5-8, 2022

- Tuesday-Thursday | 6-8 p.m.
- Friday | 5:30 p.m. (Takedown event, wrestling games, pizza party)

WHERE St. Gertrude Parish Center 6543 Miami Ave. Madeira, OH 45243

### COST<sup>^</sup> \$30/athlete

<sup>^</sup>Includes all training, Bulldogs Wrestling branded bag, and a pizza party CONTACT If you have any questions, please contact our program coordinators, Jonathan Fritinger and Alex Linz, at bulldogwrestling413@gmail.com.



#### Who Are the Bulldogs?

A boys youth wrestling club that displays Catholic-centric values and encourages virtue development through youth wrestling. Our core components include tradition, community, family-focus, Catholic virtues, wrestling fundamentals, and fun! Our coaches are dedicated to helping your son develop in this sport, and they do so in a caring and competitive environment. All of our experienced coaches are SafeParish certified and properly trained through the CYW organization.

\*Must be either a St. Gertrude, St. Andrew, or St. Elizabeth Ann Seton parishioner, an active parishioner at another Archdiocese of Cincinnati parish, attend another school in the archdiocese, or be home schooled through a archdiocesan school.

### Register today at <u>assn.la/Reg/?r=1:317312</u>