







2022–2023 Bulldogs Wrestling Team

All boys in grades K-8 are invited to join the Bulldogs wresting team for the 2022-2023 school year!

THE TEAM

- Boys in grades K-6 must be either an active St. Gertrude, St.
 Andrew, or St. Elizabeth Ann Seton parishioner; a student at a school in the Archdiocese of Cincinnati, or a parishioner at church in the archdiocese.
- Boys in grades 7-8 must be either a student at a school in the Archdiocese of Cincinnati or homeschooled through an archdiocesan school.
- Boys who attend a school or parish that does not offer wrestling.

THE SEASON

- Regular Season: November 1, 2022-February 15, 2023
- State Qualifying Season: February 16, 2023-April 1, 2023

PROGRAM FOCUS

- Tradition
- Community
- Family

- · Catholic Virtues
- Wrestling Fundamentals
- Fun

PRACTICES

- Location: St. Andrew the Apostle Parish Center
 552 Main Street, Milford, OH 45150
- Times

<u>K-3</u>

T-Th, 5:30-6:45 p.m. Sat. 9-10:15 a.m. 4-6, Junior High (7-8)

T-Th, 7-8:30 p.m. Sat, 10:30 a.m.-12 p.m.



REGISTRATION

- Open July 1-November 1, 2022
- Cost \$160/athlete*
- Early Bird Discount: Total of \$25 off if you register between July 1 and September 15, 2022.

*Includes: Training, use of team singlet, t-shirt, and pre-selected events both at our gym and cost of pre-selected amount of tournaments per age group

For more information, email our program coordinators, Jonathan Fritinger and Alex Linz, at bulldogwrestling413@gmail.com.

Follow us on Facebook at St. Gertrude/SASEAS Bulldog Wrestling.